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NW Chilterns Community Board: <https://bit.ly/3h1LFSK>



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Hughenden Newsletter

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The Hughenden Street Association vision

For community life in Hughenden Parish to become better connected, supportive/supported, stronger and friendlier so that all residents are involved in it to the level they desire. This means working to create safer and connected communities encouraging residents to identify the needs of their neighbours to help them engage in the community. The Association has a key role to play in helping develop links to existing facilities whilst also working to support community groups to reach out to as many residents as possible.

So much has been achieved by the Street Association with more still to do together. Take a look: <http://bit.ly/2Skst40> PLEASE SHARE THIS NEWSLETTER

Golden Years



David Bowie famously sang about the 'golden years'. Perhaps the Editor is showing her age! ☺

Seriously, it is so good that we are all living longer and in better health. This event is being organised by **Bucks Older People's Action Group (BOPAG)** which has been mentioned in this newsletter in the past. Hosted at the **library in High Wycombe** this promises to be a very useful opportunity to find out about the range of age-appropriate activities and options that will help to keep us active.

Plans are in train to offer a fashion show, a singing group and lots of workshops to whet your appetite. This free-to-attend event will also offer free refreshments and a goodie bag to take away!

Hughenden Street Association will be there, so why not come along and say 'hello'? We would love to see you there.

The event will run between 10am and 1.00pm



Health & Wellbeing Fayre, 21st September

Continuing the theme of wellbeing, this Fayre promises to offer lots of ideas on how to live healthy, active and fulfilling lives.

Organised by the **Northwest Chilterns Community Board** there will be something for everyone including younger residents who will certainly enjoy the bouncy castle and other activities to keep them engaged. Do put the date in your diary **NOW!**



Bucks Council is keen to hear your views on how your council tax should be spent. Don't forget to get involved. Click [HERE](#).

Thames Valley Police Social Media Summary

Click [HERE](#) for the latest news from our local police force.

Reducing Loneliness And Vulnerability



It is a fact that loneliness does not recognise age. Anyone can be lonely, from teenagers to the elderly. Loneliness can increase older people's risk to falling victim to scams, as the prospect of making conversation with another person can make them more willing to open the door to a stranger or engage in a phone conversation with an unknown caller or respond to emails or letters.

Professional scammers are skilled at developing relationships with their targets, and before long the lonely householder begins to feel that a genuine relationship is building.

This can make it very hard to convince the person that they are being scammed. Lonely people also have fewer opportunities to meet with someone they trust to advise whether an offer or relationship is genuine.

HSA and its partner, **Neighbourhood Watch** is committed to trying to reduce the feeling of loneliness and you can play your part by looking out for your neighbours. A quick chat can really help. Knowing that we have been noticed can positively affect the mood of a neighbour.



Dates For The Diary

Great Kingshill Residents' Association AGM takes place on **Sunday 22nd September** at **7.00pm** in the village hall. This is a great opportunity for residents to find out more about the Association, make suggestions about future projects and get to meet the tireless volunteers working on their behalf. *Why not get involved in the conversation? Your community: your say!*

HSA Pub Lunches

Little Kingshill: 25th September. Contact Janet Booth, 07976 896219. The **Full Moon**.

We are again supporting the annual **MacMillan Coffee Morning** which takes place on **27th September** at the Harrow pub in Hughenden Valley. Hosted by Anne Smart between 10.30am and noon this is a great way to catch up for a natter and contribute to the ongoing work of this key cancer charity. If you can donate homemade cakes, muffins or biscuits Anne would love to hear from you. Call her on 07970 037419.

Contact the Editor

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